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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.40 Fat Loss Shakes, Smoothies, and Other Drinks in One Book! In the 3rd book of the Fat Loss Series, I emphasized eating habits. This book is about drinking habits, since drinking the right substances is such an important part of the weight loss diet plan. By reading this book and applying the fat loss...

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- Authored by V Noot
- Released at 2015



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Reviews

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-- **Dessie Witting**

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